

PIERCING AFTER CARE

Take good care of your piercing.
This means less risk of infection and beautiful, healthy healing.

GENERAL GUIDELINES

- Always wash your hands with antibacterial soap before touching the piercing.
- Clean twice daily with a sterile saline solution, soak the scabs.
- Do not use alcohol, Dettol, Sterilon or other irritating products.
- Do not twist or pull on your jewelry.
- DO NOT remove jewelry during the healing period.
- Do not use makeup, creams or perfumes near the piercing.
- Stay away from swimming pools, hot tubs, saunas, and the ocean for at least 4 weeks.

SPECIFIC DRILLING INSTRUCTIONS

EAR / NOSE / FACE

- Don't sleep on your new piercing. Use a neck pillow if necessary.
- Avoid earplugs, headphones, makeup, and hair products from touching the area.

LIPS / MOUTH

- Rinse with an alcohol-free mouthwash after every meal.
- No French kissing or oral sex is allowed for the first 2 weeks.
- Avoid dairy products
- Be careful with hot or cold liquids, your tongue may be numb for the first 24 hours.

NAVEL / BODY

- Wear loose, breathable clothing.
- Avoid wearing tight pants, belts, or bag straps around the piercing area.

WHEN TO PAY ATTENTION?

- Excessive redness, swelling, pus, or persistent pain?
- 📞 Contact us.

REVIEW AND REPLACEMENT

- Check your piercing after 4 to 6 weeks.
- Change jewelry only after consulting with your piercer.

QUESTIONS OR UNCERTAINTY?

Feel free to visit us or send us a message.

We will be happy to help you.